together we can CREATE A CULTURE OF SEXUAL RESPECT

CONFIDENTIAL RESOURCES

SEXUAL VIOLENCE RESPONSE
Confidential
24/7/365 rape crisis/anti-violence support and sexual violence prevention education.
212-854-HELP (4357)
24/7/365 hotline
Morningside: 700 Lerner Hall
(Broadway/115th St.)
Barnard: 105 Hewitt Hall
(Broadway/116th St.)
Medical Center (CUMC): 206 Bard Hall
(50 Haven Ave. between 169th & 170th St.)

STUDENT HEALTH SERVICES
Confidential
Routine and urgent medical assistance, sexual health, reproductive and gynecological services, LGBTQ health care, and confidential HIV testing.
Morningside: John Jay Hall, 4th Floor
(114th St./Amsterdam Ave.)
212-854-7426*
*After hours, press 4.
Barnard: Brooks Hall, Lower Level
(Broadway/116th St.)
212-854-2091
655-622-1903 after hours
CUMC: Bard-Haven Tower 1, Suite B234
(60 Haven Ave. between 169th & 170th St.)
212-305-3400*
*After hours, press 7.

COUNSELING SERVICES
Confidential
Trauma support and short-term counseling, referral for ongoing mental health services, and student support groups.
Morningside: Lerner Hall, 8th Floor
(Broadway/115th St.)
212-854-2878*
*After hours, press 1.
Barnard: 100 Hewitt Hall, 1st Floor
(Broadway/116th St.)
212-854-2092
855-622-1903 after hours
CUMC: Bard-Haven Tower I, Suite 1D
(60 Haven Ave. between 169th & 170th St.)
212-305-3400*
*After hours, press 7.

PASTORAL AND SPIRITUAL COUNSELING
Confidential
Faith-based support and identity-based counseling, on-campus worship, and other programs from the Office of the University Chaplain. No personal religious affiliation required. On-call clergy available.
Morningside: 710 Lerner Hall
(Broadway/115th St.)
212-854-1493

Confidential resources do not share identifying information with anyone.
Columbia University is committed to fostering a culture of sexual respect and an environment free from gender-based misconduct.

Learn more: sexualrespect.columbia.edu
How do I know if I have consent?

**Signs you should STOP:**
- You’re too intoxicated to gauge or give consent.
- Your partner is asleep or passed out.
- You hope your partner will “go with the flow.”
- You intend to have sex by any means necessary.

**Signs you should PAUSE & TALK:**
- You are not sure what you want or what the other person wants.
- You have not talked about what you want to do.
- You feel like you are getting mixed signals.
- You assume you’ll do something you have done together before.

**Signs you should KEEP COMMUNICATING:**
- You come to a mutual decision about how far to go.
- You both express comfort with the situation.
- You both feel safe stopping at any time.

Get Columbia’s Gender-Based Misconduct Policy for students and more: sexualrespect.columbia.edu

Get to know the Office of University Life: @ColumbiaUniversityLife @ColumbiaULife